

Jannina Aristy, S&E Managing Director

Jannina Aristy is the founder and Managing Director of Strategy & Effectiveness (S&E). She holds a bachelor of science in Psychology from the Instituto Tecnológico de Santo Domingo and a master's in psychology from American University in Washington D.C. Jannina is a Fulbright-LASPAU Scholar sponsored by Harvard University and a Bush Leadership Fellow from the Carlson School of Management at the University of Minnesota in Advanced Business Strategy and Leadership. Jannina has over 25 years of experience working in various sectors, both domestically and internationally. She has supported individuals and organizations in promoting transformative change using culturally responsive strengths-based approaches. She is certified in General Management Excellence and is a Licensed Qualified Administrator (QA) of the Intercultural Development Inventory (IDI). She is an Executive Coach certified by the Academy of Creative Coaching, and a Korn Ferry International Leadership Coach. A member of the International Coaching Federation (ICF), she is an International Critical Incident Stress Foundation Trauma-Certified Coach. In addition, she also holds multiple business planning certifications including Certified Professional Project Manager (CPPM) from the St. Thomas Opus College of Business. With over 10 years of experience as a psychotherapist and cross-cultural coach, Jannina has unique insights into the work of leadership and management. She is passionate about people and organizations, preserving identities, and promoting the well-being, resilience and psychological safety of her clients.